

FOR IMMEDIATE RELEASE

## COPARENTING AS STUDENTS HEAD BACK TO SCHOOL

High Profile Divorce Attorney Shares Tips for Success

**Washington**, **D.C. July**—Students all over the country are preparing to head back to school. The pandemic has parents making tough decisions about their children's education. Will they attend a brick and mortar building or will they attend school virtually? The decision can be even more complicated for divorced parents.

"Research shows the quality of the relationship between co-parents can also have a strong influence on the mental and emotional well-being of children. That is why it is important for adults to always keep their kids' needs first," said Michelle C. Thomas, prominent Washington, D.C. based divorce lawyer.

"I know custody arrangements can sometiems be difficult, but keeping the lines of communication open is essential. I encourage parents to work togethier to make joint decisions about what's best for their childrenAs the school year begins, be sure to give the most updated court order to your children's teacher(s) and principal.

"If your students will attend virtual school, flexiblity will be key too. If one parent is able to work from home, restructuring custody arrangements may be an option. Everyone should try to make transitions and visitations easier."

Compromise and being on the same page when it comes to school work, safety measuares and a daily routine can help parents and students make the adjustments needed as we continue to live in the new normal.

## About M. C. Thomas & Associates, PC - Where Your Family Comes First®

M.C. Thomas & Associates, PC is a premier divorce and family law firm serving Washington, D.C., Maryland and Northern Virginia. The firm's founder, Michelle C. Thomas has been advising clients through one of life's most difficult transitions – divorce - for nearly 17 years. Thomas and her team's core values of intergrity, consistency and excellence guide their practice and representation of more than a thousand clients in the DMV. Thomas was named a 2019 Top Divorce Attorney by Bethesda Magazine and to the prestigious 2019 SuperLawyers list as a Top-Rated D.C. Family Lawyer.

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